

BUPERS/NPC SAFETY

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At work, at play, let safety lead the way

MOSQUITOS AND THE ZIKA VIRUS

Safety tips from Navy Personnel Command



The state of Tennessee has two reported cases of the Zika virus (Mississippi has 3); the latest case being reported in Shelby County on April 8th. While both cases of the Zika virus have been documented as being contracted in other countries, the possibility is high that personnel could contract the virus here in the United States.

The Aedes mosquito, responsible for carrying the virus, often bites during the day-time hours. Most recently it has been noted that the virus can be spread by a mother to her fetus, blood transfusions, and through sexual partners. Symptoms of Zika virus include fever, rash, joint pain, conjunctivitis to muscle pain and headaches. The illness is usually mild with symptoms lasting from several days to a week. Hospitalization is uncommon. There is no vaccine or drug to protect against the virus. The best protection is prevention. Travel to areas where there is an outbreak is discouraged. Mosquito repellent can be used. Navy Entomology recommends the following topical repellants: 3M Ultrathon, Sunsect 15 SPF, Sawyer Ultra 30, Cutter, and Natrapel. Prevent breeding by elimination of areas of standing water. Cover exposed skin with clothing or repellent.

Navy units providing patient care should report confirmed Zika cases via the Disease Reporting System-internet (DRSi) as "Any Other Unusual Condition Not Specified."

For more information, contact your cognizant NEPMU or the Navy Entomology Center of Excellence.

LINKS

OSHA
<http://osha.gov/>

ESAMS
https://esams.cnic.navy.mil/ESAMS_GEN_2/LoginESAMS.aspx

Naval Safety Center
<http://www.public.navy.mil/comnavsafe-cen/Pages/index.aspx>

CONTACT US

BUPERS/NPC Safety Manager

1-901-874-3405

BUPERS/NPC Safety & Occupational Health Specialist

1-901-874-2331

Administrative

1. All military and civilian personnel attached to a BUPERS UIC are required by policy, to have a valid ESAMS account. For assistance, please call 901-874-2331.
2. OPNAVINST 5100.12J requires all military personnel who operate a motorcycle on/off base to attend a COMNAVSAFECEN approved motorcycle rider safety course. Class schedules can be found in ESAMS or at www.navymotorcyclerider.com.
3. OPNAVINST 5100.12J also states that all military personnel under the age of 26 must receive an initial 4 hour traffic safety training course upon entrance into the USN. Additionally, all military personnel under the age of 26 must receive two hours of annual refresher traffic safety training. This training can be completed in ESAMS.

NOTE: Ensure Monthly Safety Talk is recorded in ESAMS.